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## Local and Regional Resources

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### Sharon S. Richardson Community Hospice

[ssrhospicehome.org](http://ssrhospicehome.org)

SSRCH offers online grief support resources, grief counseling and grief support groups. Our grief support groups are open to the community, and drop-ins are welcome. Feel free to contact Bereavement Care at 920-467-1800 for more information.

### Mental Health America Lakeshore

[mhalakeshore.org](http://mhalakeshore.org)

MHA is the nation's leading community-based nonprofit dedicated to addressing the needs of those living with mental illness and promoting overall mental health. MHA sponsors specialized grief support groups and has a searchable therapist directory to help you find local mental health professionals by their specialization, including grief counseling.

### Grief Words: Resources for Mourners and Caregivers

[froedtert.com/health-resources/griefwords](http://froedtert.com/health-resources/griefwords)

Froedtert and the Medical College of Wisconsin curate this website and offer many resources to support those grieving all types of losses. The listing includes resources for family members, caregivers and professionals.

### UW- Green Bay Camp Lloyd

[uwgb.edu/camps/camp-lloyd](http://uwgb.edu/camps/camp-lloyd)

Since 2006, Camp Lloyd has offered a day camp experience for children grieving the death of a loved one. Camp Lloyd is a week-long summer camp for grieving children (2nd-9th graders) who have recently lost a loved one. Held on the beautiful University of Wisconsin-Green Bay campus, the camp is filled with fun activities such as arts and crafts, music, games and hiking.

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## State Resources

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### 211 Wisconsin

[211wisconsin.communityos.org](http://211wisconsin.communityos.org)

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance, call the three-digit number 211 or 877-947-2211. A person will be with you 24/7/365. They also have a searchable database of grief-related resources by location. Search for bereavement and grief counseling to gain the best results.

### Mental Health America of Wisconsin

[mhawisconsin.org/search-stateresources.aspx](http://mhawisconsin.org/search-stateresources.aspx)

MHA of Wisconsin offers a state directory of community support resources that can be searched by county.

### GriefShare

[griefshare.org](http://griefshare.org)

A national grief ministry that trains laypeople in group facilitation and lists local faith-based GriefShare groups and grief-related seminars offered at community churches and is searchable by your location. Groups are 13-week structured experiences.

### Psychology Today

[psychologytoday.com/us](http://psychologytoday.com/us)

Psychology Today publishes articles on grief and hosts a searchable database for grief groups and grief counselors by city or zip code.

# Websites, Podcasts, Videos and Books

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## **Grief.com**

[grief.com](http://grief.com)

Grief.com was founded by David Kessler, one of the world's foremost experts on grief and loss. The site has over 5 million visits yearly from 167 countries. There are many free online events as well as podcasts and articles.

## **Grieving.com**

[grieving.com](http://grieving.com)

Grieving.com is one of the oldest grief support communities online and now supports a quarter million people annually from over 100 countries. It is a virtual community of people supporting one another through active message boards.

## **What's Your Grief?**

[whatsyourgrief.com](http://whatsyourgrief.com)

This site's mission is to promote grief education, exploration and expression in practical and creative ways. They offer grief articles, courses, creativity, sharing, community and more. After a decade in operation, the founders published a book by the same name.

## **Cake**

[joincake.com/welcome](http://joincake.com/welcome)

Cake is the largest end-of-life platform on the internet. There are over 3000+ end-of-life articles and tools. Search their curated lists of movies, books, poems, songs and affirmations to help process grief.

## **Dougy Center for Grieving Children and Families**

[dougy.org](http://dougy.org)

The mission of the Dougy Center is to provide grief support in a safe place where children, teens, young adults and their families can share their experiences before and after a death. Find tip sheets, activities, podcasts and more through their personalized toolkits.

## **TED Talks Grief Playlists**

[ted.com/search?q=grief](http://ted.com/search?q=grief)

TED is a nonprofit devoted to spreading ideas, usually through short, powerful talks (18 minutes or less).

## **Good Grief and the Grief Channel**

[goodgrieffest.com](http://goodgrieffest.com)

The Good Grief Festival curates a website and a "grief channel" on YouTube with hundreds of videos for griever created by internationally known grief experts and everyday people experiencing grief.

## **16 Best Books About Dealing with Grief, According to Psychologists**

[nymag.com/strategist/article/best-books-grief.html](http://nymag.com/strategist/article/best-books-grief.html)

Follow the link above to access a well-researched list of books to support griever of all types.

## **16 Books That Talk About Death for Kids, Tweens and Teens**

[weareteachers.com/childrens-books-about-death](http://weareteachers.com/childrens-books-about-death)

A list of books curated by teachers by developmental stage.

## **Six Books for Grieving Teenagers**

[whatsyourgrief.com/six-books-grieving-teenagers](http://whatsyourgrief.com/six-books-grieving-teenagers)

This helpful organization mentioned above offers a shortlist of books for teens.

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[www.ssrhospicehome.org](http://www.ssrhospicehome.org)